FORM 4

obligations may continue. See Instruction 1(b).

Check this box if no longer subject to Section 16. Form 4 or Form 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden

0.5

hours per response:

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* SONNENBLICK ARTHUR					2. Issuer Name and Ticker or Trading Symbol ALEXANDERS INC [ALX]									(Ch	neck a	ationship of Reporting all applicable) Director			son(s) to Iss 10% Ov	
(Last) 712 FIFT	(F TH AVENU	,	(Middle)			3. Date of Earliest Transaction (Month/Day/Year) 03/10/2005										Officer below)	(give title		Other (: below)	specify
(Street) NEW YO		tate)	10019 (Zip)		-	4. If Amendment, Date of Original Filed (Month/Day/Year)						Lin	e) X	ividual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person						
		Tab	le I - No	n-Deriv	ative	Se	curit	ies Ac	quire	l, Dis	sposed (of,	or Ben	eficial	lly C	wned	l			
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Year)		r) E	2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4		(A) or 3, 4 and	and 5) Securiti Benefic Owned		es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount		(A) or (D)	Price	1	Reported Fransact Instr. 3	tion(s)			(Instr. 4)
Common	ommon Shares		03/10/2005					M		1,000)	A	\$70.3	75			D D			
Common								S		100		D	\$247.	96						
Common	Shares			03/10	/2005	T			S		900		D	\$247.	21		0 D			
		7	able II -								osed of converti				/ Ov	ned				
1. Title of Derivative Security (Instr. 3) 2. Conversion or Exercise Price of Derivative Security 3. Transaction Date (Month/Day/Year)		3A. Deem Execution if any (Month/D	n Date,		ransaction ode (Instr.		n of E		6. Date Exercisa Expiration Date (Month/Day/Yea		An Se Un De	7. Title and Amount of Securities Underlying Derivative Secu (Instr. 3 and 4)		Deri Sec	. Price of Perivative Pecurity Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	O Fo Ily Di OI (I)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership (Instr. 4)	
					Code	V	(A)	(D)	Date Exercis:		Expiration	Tit		Amount or Number of Shares						

03/04/1999

Explanation of Responses:

\$70.375

Options

(Right to

Buy)

/s/ Arthur Sonnenblick

Commor

Shares

03/04/2009

03/10/2005

7,000

D

** Signature of Reporting Person

1,000

\$70.375

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

03/10/2005

M

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

1,000

^{*} If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).